

## Help Lines

- Substance Abuse  
Treatment Hotline  
(888) 729-8028
- Mental Health Crisis  
Hotline (800) 221-  
0446
- Suicide Prevention  
Hotline (800) 273-  
TALK (8255)
- Deaf & Hard of  
Hearing TTY Hotline  
(877) 244-0921
- VA Benefits Line  
(800) 827-1000



Department for Mental Health/Mental  
Retardation Services  
Division of Mental Health & Substance Abuse  
Program Support Branch  
100 Fair Oaks Lane, 4E-D  
Frankfort, Kentucky 40621-0001

Phone: (502) 564-2880  
Toll Free: (888) 729-8028  
Fax: (502) 564-9010  
Email: [Heath.Dolen@ky.gov](mailto:Heath.Dolen@ky.gov)



Where recovery  
comes first!

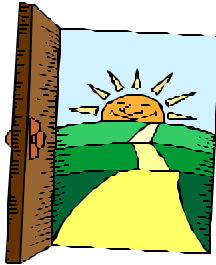


**The  
Oxford House  
of  
Kentucky**

A place where you  
can live in a safe,  
clean, drug-free  
environment.

(502) 564-2880 or (888) 729-8028

## ► Reasons to Live at an Oxford House



Welcome home!  
We've been  
waiting for you.

- Safe
- Clean
- Sober
- Long-term recovery focus
- Self-supported
- Gives you responsibility
- Teaches new skills
- Support system for recovery
- Designed specifically for those in recovery
- Alcohol and drug-free environment
- Opportunity to live in long-term recovery

## What You Have to Do

- Be in active recovery or just released from a treatment center
- Be financially self-supported, have a job or seeking employment
- No outstanding warrants
- Attend weekly/daily AA/NA meetings and weekly house meetings.
- Share the new found recovery lifestyle with other individuals
- Take responsibility for your actions
- Follow the rules of the house and be a good neighbor
- Hold an elective office within the house for a term of 6 months
- Stay clean and sober.



One Day At  
A Time

## How to Get Started

1. Locate an Oxford House in your area by calling Heath Dolen at (502) 564-2880.
2. If an Oxford House is not available in your area you can apply for a Group Home Loan of \$4,000 to start one that will include all applicants who will be living in the home.
3. Organize a group of at least 6 females or 6 males willing to live in an alcohol and drug-free environment supportive of long-term recovery.
4. Locate a house to rent. The house must meet the following requirements:
  - Enough living space for all occupants;
  - Access to public transportation, grocery stores, medical/dental offices;
  - Landlord/owner must be advised of what the house will be used for; and
  - Have adequate parking.